

## Brain Aware Training Programme

### Roscommon March – April 2012

For Family Members Caring For and Supporting Someone with an Acquired Brain Injury

- ❖ Do you have a family member who has a brain injury?
- ❖ Would you like to develop your skills and knowledge of ABI to help you in your caring role?
- ❖ Would you like to learn in an environment with other family members?

If so you will be interested in a Training programme being run by Acquired Brain Injury Ireland in Roscommon March – April 2012

Commencing on Tuesday 13<sup>th</sup> March for 6 weeks

9.30 am – 1.00pm

Abbey Hotel, Roscommon

**For more detail and to book your place**

**please contact:**

**Aoife Prendergast at (01) 2804 164 Ext. 207**

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#### Topics

- ❖ Introduction to Acquired Brain Injury
- ❖ ABI & the Family - How Families Cope with Acquired Brain Injury
- ❖ Meaningful Every Day Routines and Achieving a Meaningful Life
- ❖ Health Promotion and Wellbeing of Carers
- ❖ Emotional and Behavioural Changes Following Brain Injury
- ❖ Communication and the Challenges after Brain Injury
- ❖ Attention and memory difficulties following brain injury

[www.abiireland.ie](http://www.abiireland.ie)

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